

Look After Your Health

If Your System Is Kept Toned Up You Will Escape Many Diseases That Find Easy Victims Among Pale, Debilitated People.

Enough disease germs enter the average human body every day to cause death if the healthful organism did not combat these germs and render them harmless.

Let the human system become run down, or debilitated, and this power of resistance to disease is weakened. Soon the disease germs get the upper hand, an acute sickness follows, or the patient becomes a chronic invalid.

It is in the blood that the battle to maintain the health is fought. Keep the blood toned up, the bowels open and observe ordinary care as regards food and rest, and you will avoid much sickness.

Debility is not a recognized disease, but is a condition in which the sufferer cannot get a good night's sleep, wakes up all tired out, has no strength or ambition, is nervous, has a poor appetite, has trouble with the stomach and is subject to headaches and backaches. It is most commonly met with in people who have to work hard, are confined indoors, eat improper food or have worries or griefs.

Mrs. Norris Cook, whose address is Box 100, R. F. D. No. 3, Ottawa, Kans., says: "I was generally run down from hard work. I suffered from severe headaches, which would last for three days at a time, and when they came on I would have to give up all work. There were such sharp, knife-like pains in my side that I could not take a long breath without it hurting me. I was pale and nervous and had no strength. Under the doctor's care I would feel better for a day or so and then become worse again. This was my condition for three years or until I began taking Dr. Williams' Pink Pills for Pale People. They gave me a good color and I gained 15 pounds in weight. The pains and headaches have left me and I am not the least bit nervous. Dr. Williams' Pink Pills are the only thing that helped me."

Dr. Williams' Pink Pills for Pale People are a general tonic and have cured such blood and nerve diseases as anemia, rheumatism, after-effects of the grip and fevers, sciatica, neuralgia, sick headaches, St. Vitus' dance and other troubles. They cure stomach trouble by building up the blood so that it can nourish and strengthen the weakened digestive system. Hundreds of cures in most severe cases entitle this treatment to a thorough trial.

Dr. Williams' Pink Pills are sold by all druggists, or will be sent postpaid, on receipt of price, 50 cents per box; six boxes, \$2.50, by the Dr. Williams Medicine Company, Schenectady, N. Y.

BENNY & CO., LTD.

AGENTS FOR

WILLCOX & GIBBS AND WHITE
SEWING MACHINES

PHONE 1488

BERETANIA ST. 3 DOORS FROM CENTRAL FIRE STATION

DRY CLEANING

DRY CLEANING REQUIRES SKILL AND EXPERIENCE. BOTH POSSESSED TO THE HIGHEST DEGREE BY

FRENCH LAUNDRY

J. ABADIE, Prop.
Phone 1491

HEALTH SURVEY IS PROGRESSING

Sanitary Commission Now Has Inspectors at Work Get- ting Desired Data.

Discussion of the sanitary survey of the city, now under way in a comprehensive manner, occupied the meeting of the sanitary commission yesterday afternoon almost exclusively. Prof. Arthur Keller of the commission has been in charge of securing inspectors, draftsmen and other helpers to carry out the work and reported all now engaged on their duties.

He estimates the cost of the survey at between \$1500 and \$2000, and as Governor Frear has assured the commission the cost will be defrayed somehow out of the emergency fund, the commission is not worrying over finances.

Part of the time was occupied in talking over the matter of dairy inspection, the commission emphasizing the value of a pure milk supply. A thorough investigation of all the dairies will be made and the commission will secure all the information from main-land authorities that is available.

The meeting was largely a routine one, and until the survey is completed the members will not do much more active work in the field.

TREADWAY-RICE NUPTIALS HELD

Mr. Thomas Treadway and Miss Orilla Rice were wedded yesterday afternoon, by Rev. Amos A. Ebersole, assistant pastor of the Central Union church.

The wedding took place in the parlor of the Central Union church, only relatives and intimate friends being present. Afterwards the newly married couple drove down to Haleiwa Hotel, where they will spend their honeymoon.

Mr. Treadway is bookkeeper in the Territorial Treasury department. Previous to accepting that position, he was clerk in the Auditor's office for many years. He was educated in Kamehameha School for boys, graduating in 1895.

The bride has been forswoman in the telephone office for years, and has many friends in Honolulu. After their return from Haleiwa next Monday morning, they will make their home in the Pahu residence on Liliha street, Paunui.

Preparations for 35,000 visitors of the Veiled Prophet at the supreme council to be held September 25, 26 and 27 are being made by Masonic orders.

MAKE THIS TEST

How to Tell If Your Hair Is Diseased.

Even if you have a luxuriant head of hair, you may want to know whether it is in a healthy condition or not. 98% of the people need a hair tonic. Pull a hair out of your head. If the bulb at the end of the root is white and shrunken, it proves that the hair is diseased, and requires prompt treatment if its loss would be avoided. If the bulb is pink and full, the hair is healthy.

We want everyone whose hair requires treatment to try Rexall "93" Hair Tonic. We promise that it shall not cost anything if it does not give satisfactory results. It is designed to overcome dandruff, relieve scalp irritation, to stimulate the hair roots, tighten the hair already in the head, grow hair and cure baldness.

It is because of what Rexall "93" Hair Tonic has done and our sincere faith in its goodness that we want you to try it at our risk. Two sizes, 50c. and \$1.00. Sold only at our store—The Rexall Store, Benson, Smith & Co. Ltd.

BATTALION AT GUN PRACTICE

Fort Shafter Soldiers Much Interested in Try-Out of
Ruger Mortars.

On Wednesday last the soldiers out at Fort Shafter were given a real treat. The target practice out at Fort Ruger just now is interesting all military men on the island as well as many in the States who read of it through the daily papers. Coming down to bare facts it really is interesting to stand at Battery Harlow and watch the gunners, busy as bees running here and there preparing the huge mortars to send the heavy projectile over Diamond Head and some four or five miles out to sea.

Under command of Major Wm. P. Burnham, the battalion of the Twentieth stationed at Fort Shafter, left for a one day hike on to Ruger and back last Wednesday morning. The soldiers left at seven thirty a. m. and by ten thirty were at the foot of Diamond Head and just under Battery Harlow. The firing did not commence until about three o'clock, giving the soldiers plenty of time to visit their friends. The practice began promptly at three o'clock and after watching the discharge of the big guns for a while the column was formed and the men marched around Diamond Head to watch the projectiles as they landed in the water close to the target. Explanations were given and after watching this for a while the soldiers started on the trip back to Fort Shafter.

Going out on the trip was one to be looked upon with pleasure and the men enjoyed themselves with the things they heard and saw along the route. But coming home everything seemed to change. On this back trip every fort on the island except Schofield Barracks was visited. Instead of taking the main road the column branched off and went down through Fort De Russy taking the Beach road and coming into town past Camp Verry. The roads were hard and by this time many in the line were beginning to limp. The troops arrived back in the post about seven-thirty, however, where the men were treated to a good meal.

The Twentieth Infantry band made the trip but in a very different manner. Riding on the street cars and "hiking" are two different things. But this is the manner in which the band went to Fort Ruger and in just the same manner did they come home. The concert they played out at Ruger was good and seemed to be much appreciated. This is the first time that a Military band has put in an appearance out at the "tented" post and were received with much enthusiasm.

Field Day Coming Soon.
Fort Shafter has another field day next Monday. This meet will bring out all athletes including those of the baseball series. An exciting time has been promised for the day, for a tug-of-war between two companies of men is something that excites even the most demure person. "G" company has held the championship in the tug-of-war contest for several years and it is the one great desire of the rest of the companies to take it away from them. Shot-put, hammer-throw, relay races and many other interesting features are on the program for the day. The fun will begin early in the morning and will not cease until late in the afternoon. A good crowd is expected to see the soldiers go through their stunts.

When William Johnson, principal owner of the distressed schooner *Sailor Boy*, now lying at anchor in "rotten row," arrives at Honolulu next Monday in the Pacific Mail liner *Korea*, he will find that a libel has been filed against the ship through the Federal courts and that the vessel, as well as her valuable cargo of copra, will be held here until money is forthcoming to settle the claims of her master as well as seamen.

Captain Erratt, master of the *Sailor Boy*, was served the necessary papers this morning which places his vessel in the custody of the United States marshal until such time as the claims against the schooner are satisfied. The copra brought by the vessel from Panning and Washington islands amounts to ninety-five tons. It is estimated that at San Francisco this commodity would bring \$100 a ton. The copra in the *Sailor Boy* has been sold to mainland oil manufacturers. Cables have passed ordering the copra removed from the leaking schooner and placed in sacks. It will be transferred to the Coast by steamer as soon as legal complications are removed.

Owners Fail to Pay Wages.
Johnson and other owners of the vessel failed to come through with funds with which to pay off the men. Repeated demands made upon them brought no return. Captain Erratt was called before Shipping Commissioner Almy this morning, and after a protracted conference it was decided to place a libel charge against the vessel and her cargo. Money due the sailors will amount to nearly \$2000. Captain Erratt claims that he has not received a cent in wages for twelve months.

The vessel is pronounced as unworthy in a report made by a special board of survey which filed its opinion with the authorities some days ago, which fact was then noted through the columns of the Bulletin. "The vessel could not be repaired under \$4000, according to the opinion of the members of this board."

It is claimed that the *Sailor Boy* could have been purchased before starting away from San Francisco for less than \$2000. That she would ever have brought this figure on the open market at that time is seriously questioned by those who have gone over the ship and are in a position to speak by the card.

The copra is being temporarily stored in one of the Miller salvage vessels. There is a prospect that, with the arrival of Johnson, the difficulties in which the schooner is now placed may be cleared away.

The First Methodist Episcopal church in Akron, O., was burned to the ground. The building cost \$250,000.

New Fall Goods by
every steamer

SACHS



Not Idle Talk

As the old saying goes: "The proof of the pudding is in the eating thereof"—and thus we refer to our showing of

ALFRED BENJAMIN CLOTHES

for Fall wear. The assortment of styles, patterns, and colorings are large and well selected; the fit and workmanship are up to our usual standard. We guarantee every suit to wear and retain its color.

Let us show you what values we offer in this famous make of clothing.

The Carion

SAILOR BOY IS LIBELED

When William Johnson, principal owner of the distressed schooner *Sailor Boy*, now lying at anchor in "rotten row," arrives at Honolulu next Monday in the Pacific Mail liner *Korea*, he will find that a libel has been filed against the ship through the Federal courts and that the vessel, as well as her valuable cargo of copra, will be held here until money is forthcoming to settle the claims of her master as well as seamen.

Captain Erratt, master of the *Sailor Boy*, was served the necessary papers this morning which places his vessel in the custody of the United States marshal until such time as the claims against the schooner are satisfied.

The copra brought by the vessel from Panning and Washington islands amounts to ninety-five tons. It is estimated that at San Francisco this commodity would bring \$100 a ton. The copra in the *Sailor Boy* has been sold to mainland oil manufacturers. Cables have passed ordering the copra removed from the leaking schooner and placed in sacks. It will be transferred to the Coast by steamer as soon as legal complications are removed.

Owners Fail to Pay Wages.
Johnson and other owners of the vessel failed to come through with funds with which to pay off the men. Repeated demands made upon them brought no return. Captain Erratt was called before Shipping Commissioner Almy this morning, and after a protracted conference it was decided to place a libel charge against the vessel and her cargo. Money due the sailors will amount to nearly \$2000. Captain Erratt claims that he has not received a cent in wages for twelve months.

The vessel is pronounced as unworthy in a report made by a special board of survey which filed its opinion with the authorities some days ago, which fact was then noted through the columns of the Bulletin. "The vessel could not be repaired under \$4000, according to the opinion of the members of this board."

It is claimed that the *Sailor Boy* could have been purchased before starting away from San Francisco for less than \$2000. That she would ever have brought this figure on the open market at that time is seriously questioned by those who have gone over the ship and are in a position to speak by the card.

The copra is being temporarily stored in one of the Miller salvage vessels. There is a prospect that, with the arrival of Johnson, the difficulties in which the schooner is now placed may be cleared away.

The First Methodist Episcopal church in Akron, O., was burned to the ground. The building cost \$250,000.

NEW JEWELRY FIRM OPENS

A new Chinese jewelry company, under the firm name of Tai Loy Co., will open its doors to the public for inspection and business at the corner of Nuuanu and Hotel streets on Saturday, September 23rd. This new firm has a reliable and experienced force of Chinese expert goldsmiths, and will do a general jewelry and gold and silversmithing business. In its stock there will be up-to-date gold and silver watches, clocks, diamonds and other precious stones, cut glass, curios and optical goods.

The company has completely remodelled the building in which they are going to open up, putting in the latest up-to-date show cases, counters and exhibit shelves, which, with the good light from the glass front of the store will give patrons the chance to select goods under the most favorable conditions.

The goods with which the company will open up trade are of the latest design and the proper thing according to advice from the States. Fairness in dealing with the public will be the slogan of the new firm. All repair work will be done in the neatest possible manner and the satisfaction of the consumer assured.

Cash purchasers on the opening day (tomorrow) will be allowed ten per cent reduction on all goods. The new store will be well worth a visit just to admire the beauty of the display. The advertisement of the new jewelry firm will be found on another page announcing the opening.

Frank J. Dorlan, cashier of the Hotel Manhattan, was arrested on a charge of embezzlement.

WILL WORK FOR MAIL SERVICE

Active work is now to be started for better postal facilities for the outlying districts of Honolulu. Following along the lines laid down at a recent meeting of the Civic Federation, Arthur G. Smith yesterday appointed a special committee to approach the authorities in reference to the matter.

The three who will have the work in charge are R. B. Anderson, A. H. Ford and Francis J. Green. They will get together some time this week and map out their plan of campaign. The federation hopes that by the time the next meeting comes along it will have a good report to make on the subject.

FAT MAN BITES HIS TOE

PHILADELPHIA, Pa., Sept. 2.—It will be a good while before Charlie Bacon again boasts of his ability or tries to win a bet by his athletic prowess.

Charlie is in a hospital for this reason, and he has learned a lesson that will last a long time. He tips the scales at the 250 mark, but always has been so careful of his physical condition that he has been able to do stunts of which many a lighter man might feel proud.

Today he was watching his friend Ben Kearns' newest baby put its big toe into its mouth and boasted that he could do the same thing. Ben bet him \$20, all his small change, that he couldn't and Bacon tried the trick. He succeeded, but there was a snap and the big fellow fainted in pain.

When a doctor arrived he found that Bacon had dislocated his right hip, and sent him to a hospital.

ON Saturday MRS. F. S. ZEAVE, at her rooms in the Young building, will open up new lines in Shirts, waists, Coats and Novelties received ex S. S. Lurline.

Manila and Madeira Embroidered
Shirtwaists

Collars, Cuffs and Handkerchiefs
Baby Pillow Slips

MISS WOODARD'S,
FORT STREET

K. UYEDA

1027 Nuuanu Street

HOLIDAY SALE
BEGINNING JUNE 3

All the Hats at Reasonable Prices

THE GREAT BENJAMIN COMPOUND
HERBALO
Cures Constipation,
Makes New, Rich
Blood,
Stomach and Liver
Regulator,
Cures the Kidneys.

NEW DRUG STORE

Well Stocked with New Drugs and
Novelties
SODA WATER FOUNTAIN
HAWAII DRUG CO.
42 Hotel Street, at end of Bethel

Forcegrowth

Will Do It